

Rotation of Wellness Event



How Rotations Will Be Supervised

1. Rest and Relaxation - Room 212
2. Game Room/ Karaoke - Media Center
3. Arts and Crafts - Room 238
4. Sports Experience - Gym
5. Drum circle - Board of Director room
6. Options - Silent DJ (Across from Flipside)

Location Key

Station	Location
Arts & Crafts	Art Room - 238 with Ms. Gass
Rest & Relaxation	Room 212 with Sub
Game Room	Media Center with Ms. McMiller
Sports Experience	Gym with McCoy
Drum Circle	Board of Directors Room
Silent DJ Party	Across From Flipside
Make-Up Work (optional as needed)	Room 213 with Ms. Baker

Rotation of Wellness Event

<u>Session</u>	<u>Garcia Advisory - 9th Grade</u>	<u>Nelson Advisory - 9th Grade</u>	<u>Garlington Advisory - Advisory - 10</u>	<u>Dillon & Donnelson Advisory - 10</u>	<u>Lowe & Aiken's Advisory Combo - 11</u>	<u>Gain & Manley Advisory Combo- 12</u>
<u>Lead Staff for Group</u>	<u>Garcia</u>	<u>Nelson</u>	<u>Evans</u>	<u>Dillon & AikensSub</u>	<u>Ward</u>	<u>Gain</u>
Session 1 1:05 pm - 1:25 pm	Arts and Crafts - 238	Drum Circle - Board of Directors	Silent DJ Party - Flipside	Sports Experience - Gym	Rest and Relaxatio n - 212	Game Room - Media center
Session 2 1:30 pm - 1:50 pm	Game Room - Media Center	Arts and Crafts - 238	Drum Circle - Board of Directors	Silent DJ Party - Flipside	Sports Experien ce - Gym	Rest and Relaxation - 212
Session 3 1:55 pm - 2:15 pm	Rest and Relaxation - 212	Game Room - Media Center	Arts and Crafts - 238	Drum Circle - Board of Directors	Silent DJ Party - Flipside	Sports Experience - Gym
Session 4 2:20 pm - 2:40 pm	Sports Experienc e- Gym	Rest and Relaxation - 212	Game Room - Media Center	Arts and Crafts - 238	Drum Circle - Board of Directors	Silent DJ Party - Flipside
Session 5 2:45 pm - 3:05 pm	Silent DJ Party - Flipside	Sports Experience- Gym	Rest and Relaxation - 212	Game Room -Media Center	Arts and Crafts - 238	Drum Circle - Board of Directors
Session 6 3:10 pm - 3:30 pm	Drum Circle - Board of Directors	Silent DJ Party - Flipside	Sports Experience- Gym	Rest and Relaxation - 212	Game Room - Media Center	Arts and Crafts - 238